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SPIRITUAL DISCIPLINES



Spiritual Disciplines Kit With

Betsy Kirk



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A Man's Guide to the Spiritual Disciplines Patrick Morley, 2008-09-01 Spiritual disciplines are to the believer what medical school is to the doctor. A man came up to me at a conference where I was speaking and said, "Pat, do me a favor. Tell me how to be good. I already know how bad I am." That statement captures the intent of this book and the purpose of the spiritual disciplines. Spiritual strength, like surgical skill or athletic excellence, requires training and practice. To become the kind of man who walks with God and wields Christ's influence in your world, you'll want to begin a consistent regimen of spiritual exercises. In *A Man's Guide to the Spiritual Disciplines*, Patrick Morley highlights twelve habits that will strengthen your walk with Christ, including: Experiencing God in creation, Letting the Bible change your life, Learning the power of prayer, Grasping God's greatness through worship, Gaining strength through Sabbath, Thriving because of fellowship, Succeeding through wise counsel, and more. By presenting each discipline with a concise overview, several examples, and application ideas to get you going, this powerful guidebook will help you develop the maturity every man of God was designed to reflect.

Spiritual Disciplines for the Christian Life Donald S. Whitney, 2014-05-23 Over 600,000 copies sold. We aren't meant to wait for holiness; we're meant to pursue it. God commands Christians to actively be holy, but what does that look like in daily life? Rather than overwhelming legalism or loose boundaries, Don Whitney encourages us to find a practical middle ground through biblical habits. Don Whitney's convicting insight on spiritual disciplines will challenge you to grow in new ways as a Christian. Now updated and revised, this edition offers practical suggestions for cultivating spiritual growth, diving into practices such as Absorbing Scripture, Prayer, Worship, Evangelism, Serving, Fasting, Silence, and solitude, Journaling, and more. Regardless of where you are in your Christian walk, this anniversary edition provides refreshing and profound encouragement for your spirit. Don Whitney's spiritual feet are blessedly cemented in the wisdom of the Bible. This is as beneficial as it is solid. If you want to be really real with your God, this book provides practical help. J. I. Packer, author and theologian.

Feed the Dog Brock Gill, 2017-10 A man had two dogs. The one he fed grew the biggest. There's an old parable about a man who had two dogs that were constantly at war with each other. One of the dogs was good, representing virtues like loyalty and kindness. The other dog was bad, representing vices such as hatred and lust. Which dog won in the end? That's easy: the one he fed. In the same way, we have two fundamental natures battling for our attention on a daily basis: a sinful flesh and a righteous spirit. Through Christ, we have the ability to choose which nature we will feed, leading us either further away from or closer to His likeness. *Feed the Dog* is a video-driven Bible study for middle and high school students, grades 7-12. Through the artistry of illusion and his unique gift of evangelism, Brock Gill guides students to realize the importance of nourishing the spirit through the daily practice of spiritual disciplines. Over the course of eight sessions, students will learn that spiritual disciplines are something we develop over time. With practice and perseverance, students will be able to discern the truth and focus on what's important. They will taste and see that the Lord is good. Ps. 34:8 growing in their relationship with Christ and pointing others

to Him Kit includes Small group Bible study book with leader helps 1 DVD that includes 8 group sessions promotional materials and social media clips Features Interactive weekly teaching videos approximately 8 10 minutes each Leader Guide to facilitate small group discussion located at the back of each book 6 days of personal study to complete between group sessions Biblically rooted and gospel centered 8 group sessions 7 weeks of homework Brock Gill has set the pace for a new generation of edgy daring illusionists as he amazes audiences with his unique stage show dry wit and mind blowing escapes His passion for reaching people with the truth that changed his own life has taken his ministry around the world Understanding that people have short attention spans and a desire to be entertained visually Brock has learned how to quickly draw in an audience and keep them on the edge of their seats Brock s message for Christ is clear and effective and he has seen God touch many lives through his ministry

Journey 101: Loving God Leader Guide Carol Cartmill, Jeff Kirby, Michelle Kirby, Jenny Youngman, 2013-07-01 Journey 101 Loving God is one component of Journey 101 Knowing Loving Serving God Each of the three separate interactive six week courses utilizes a group teaching format with a leader and a video presenter combined with small group table breakouts This Leader Guide contains six session guides on Loving God plus leader helps for conducting a successful study

The Life You've Always Wanted Curriculum Kit John Ortberg, 2008-12-30 In this six session Zondervan Groupware video curriculum award winning author John Ortberg teaches participants the skills essential to running the marathon in the Christian life *A Kit to Stimulate Jewish Adult Education*, 1958

Sacred Courage Betsy Kirk, 2025-01-25 Bronze Winner 2025 Illumination Book Awards Self Help Category The Gospel Coalition TGC Book Award for 2025 Christian Living category Prepare your heart for fearless obedience to God s call As our world and society are increasingly unstable and Christians encounter unprecedented challenges fear finds a way into every heart and can shape our lives in unexpected ways In Sacred Courage Betsy Kirk helps Christians fight against fear with faith in God The author s own battle against fear from childhood to motherhood from Minnesota to Indonesia is woven throughout the book Each chapter also draws upon Christian wisdom from the ages and offers fresh meditations on biblical passages to develop a response to fear that is theologically informed Chapters conclude with discussion questions challenging readers to examine their own hearts as they are given practical help to live a courageous and dread free life This book will find a wide audience among those seeking relief from fear and anxiety If you long for a faith that is bigger than your fears or need a reminder that you are not alone in the battle Sacred Courage offers hope

The Life You've Always Wanted John Ortberg, Amanda Sorenson, Stephen Sorenson, 2004-07-23 Based on John Ortberg s ECPA bestseller on the spiritual disciplines John Ortberg takes Jesus call to abundant living seriously joyfully and realistically He believes human transformation is genuinely possible and he describes its process in sane and practical ways Richard J Foster Author Celebration of Discipline and Prayer Finding the Heart s True Home What does truth spiritual life really look like What keeps you from living such a life How can you pursue it If you re tired of the status quo if you suspect there s more to Christianity

than what you've experienced John Ortberg invites you and your small group to join him on a road to transformation and spiritual vigor that anyone can take Designated to help you make the journey together The New Life You've Always Wanted Zondervan Groupware guides you down the ancient path of the spiritual disciplines As in a marathon the secret lies not in trying harder but in training consistently Proven by followers of Jesus over the centuries the spiritual disciplines are exercises that strengthen your endurance race on the road of growth As you and your group continue down that road you'll see the signposts joy peace kindness and all the hallmarks of a faith that's vital real and growing Sidebar The Life You've Always Wanted kit includes 1 Leader's guide 1 Participant's guide 1 Copy of The Life You've Always Wanted hardcover edition 1 Video in both VHS and DVD formats All items except video also sold separately Sessions include 1 It's Morphing Time 2 Slowing Down and Celebrating 3 Praying and Confessing 4 Meditating on Scripture and Seeking Guidance 5 Practicing Servanthood Finding Freedom 6 Going the Distance with a Well Ordered Heart Zondervan Groupware delivers personal spiritual growth through compelling biblical content minimal preparation time for both leader and participant proven learning techniques using individual participant's guides and a variety of media meaningful interaction in groups of any size in any setting

Spiritual Renewal in Your Family Hubert L. Seals, 1999 *Small Press Record of Books in Print*, 1992 Bioethics for the People by the People Darryl Raymond Johnson Macer, 1994 *Forthcoming Books* Rose Army, 2002-04 **To Knowledge Add Self-Control** Andrew Jones, 2024-10 Have you ever sat in a church pew listening to a admittedly great sermon your pastor is preaching on spiritual disciplines but feel condemned because you just can't seem to get them right You know what I'm talking about right The Holy Trinity Pray read your Bible and come to church every Sunday to tithe God has created you to be great at some spiritual disciplines and find others challenging There's a reason for this God has set you up to find spiritual disciplines life giving not frustrating By starting with disciplines God created you to be good at you can then add more challenging disciplines and more and more God designed you to be on a discipleship journey that starts with faith and grows to love 2 Peter 1:5-7 reads For this very reason make every effort to add to your faith goodness and to goodness knowledge and to knowledge self control and to self control perseverance and to perseverance godliness and to godliness mutual affection and to mutual affection love To your knowledge add self control and discover the benefits of the disciplines God created for you today **Dream Weaving** Emily L. VanLaey, 2001 If we learn to pay attention to our dreams to understand their personal meaning and to use them they can awaken us to and help us prepare for the turns in our life's road turns that often are as unexpected as they can be challenging Through meaningful examples from her own life author Emily VanLaey illustrates the profound content that dreams can contain about where life will take us and about the spiritual and emotional guidance those dreams can offer us VanLaey shows us how to attend to what our dreams tell us and the ways in which our dreams can reflect our present life and foreshadow our future Even more importantly she shows us the deeply spiritual context in which our dreams can reflect our lives enabling us to work with the challenges we face at the most

meaningful level **NRB** ,2002 *Spiritual Disciplines for Urban Christians* ,2021 *Spiritual Disciplines Handbook*
Adele Ahlberg Calhoun,2015-11-19 Adele Calhoun s *Spiritual Disciplines Handbook* has become a standard for those who
want to expand their knowledge of spiritual practices Now this beloved resource has been revised throughout and expanded
to include thirteen new disciplines along with a new preface by the author giving us practical guidance in our continuing
journey toward intimacy with Christ **Introduction to Youth Ministry** John Dettoni,1993 *Rendezvous Church*
Campaign Kit Beacon Hill Press,2007-03-15 A complete 40 day program to introduce your church to a whole new approach to
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