



## Fundamentals of Rhythm and Dances Physical Education 12

LESSON: 4

### **BASIC STEPS IN 2/4 TIME SIGNATURE**

#### LESSON 3: Basic dance Step in 2/4 time signature

Dance Steps	Dance Pattern
<b>Count: 1,2 = 1 Measure</b>	
<b>Touch step</b>	POINT, CLOSE - Point Right foot (forward, sideward, or backward) (ct.1); close right foot to left foot (ct.2)
<b>Bleking step</b>	- HEEL PLACE, CLOSE - Heel place right foot (forward or sideward) ct.1); close left foot to right foot (ct.2)
<b>Close step</b>	- STEP, CLOSE - Step Right foot (any direction) (ct.1); close Left foot to Right (ct.2).
<b>Cross step</b>	- STEP, CROSS-STEP - Step Right foot (ct.1); cross and step left foot to Right foot (ct.2)
<b>Brush step</b>	- STEP, BRUSH - Step Right foot (any direction) (ct.1); brush Left foot (ct.2)
<b>Hop step</b>	- STEP, HOP - Step right foot (any direction) (ct.2); hop on Right foot (ct.2)
<b>Slide Step</b>	-SLIDE, CLOSE - Slide right foot sideward or forward (ct.1); close Left foot to Right foot (ct.2)

# Steps In Time

**Rachel S Tattersall**



**Steps In Time:**

## The Enigmatic Realm of **Steps In Time**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Steps In Time** a literary masterpiece penned with a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting affect on the hearts and minds of people who partake in its reading experience.

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